# YOGA AT THE SPACE

| mon | tue | wed | thu | fri | sat | sun |
|---|---|---|---|---|---|---|
| vinyasa 7.30am (1hr) Patti | | | vinyasa 7.30am (1hr) Kiri | | gentle 8.30am (1hr) Collective | hatha 8.30am (1hr) Collective |
| slow flow 9.00am (75min) Patti | vinyasa 9.15am (1hr) Bethany | beginners 9.15am (1hr) Collective | gentle 10.00am (75min) Bexie | hatha 9.30am (75min) Bexie | power 10.00am (75min) Collective | restore&more 10.00am (1hr) Collective |
| | pilates 11.00am (1hr) Tess/Sam | | | | | |
| broga 5.45pm (75min) Patti | power 6.00pm (1hr) Kiri | vinyasa 6.00pm (1hr) Elena | | | | |

*CHECK OUR WEBSITE FOR WORKSHOPS, SERIES, UP TO DATE CLASS INFO + ONLINE BOOKINGS

begin with………then try………extend your practice

Drop-in $20
Class pass: 10x $135 - 5x $80
Special Concession: 10x $120 - 5x $65 (must show ID to qualify)
*Youth, full-time NZ Student, Community Services, Gold Card only*
Kiwibank: The Space Raglan Ltd. 38-9024-0605240-00

www.thespaceraglan.com
please book online for classes
email: thespaceraglan@gmail.com
9A Bow Street  (above the Yot Club) via Volcom Lane
Sorry no eftpos: cash or bank transfer only

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|---|---|---|---|---|---|---|
| **vinyasa**<br>7.30am (1hr)<br>Patti | | | **vinyasa**<br>7.30am (1hr)<br>Kiri | | **gentle**<br>8.30am (1hr)<br>Collective | **hatha**<br>8.30am (1hr)<br>Collective |
| **slow flow**<br>9.00am (75min)<br>Patti | **vinyasa**<br>9.15am (1hr)<br>Bethany | **beginners**<br>9.15am (1hr)<br>Collective | **gentle**<br>10.00am (75min)<br>Bexie | **hatha**<br>9.30am (75min)<br>Bexie | **power**<br>10.00am (75min)<br>Collective | **restore&more**<br>10.00am (1hr)<br>Collective |
| | **pilates**<br>11.00am (1hr)<br>Tess/Sam | | | | | |
| **broga**<br>5.45pm (75min)<br>Patti | **power**<br>6.00pm (1hr)<br>Kiri | **vinyasa**<br>6.00pm (1hr)<br>Elena | | *CHECK OUR WEBSITE FOR WORKSHOPS, SERIES, UP TO DATE CLASS INFO + ONLINE BOOKINGS | | |

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